

Physical Education at Wyvern Academy

THE JOURNEY OF LEARNING



Physical Education concepts

- Skills
- Teamwork
- Fitness
- Leadership
- Effort
- Reward!!



All skills

Unit 6: Leading Sports Activities

Unit 6: Lesson delivery

Unit 3: Applying the Principles of Personal Training

Succeed!



YEAR 11

Physical

Unit 2: Practical Performance in Sport: Rounders



Unit 3: Anatomy and Physiology

Unit 1: Fitness for Sport and Exercise

Level 1/2 BTEC First in Sport / Core PE Options based

Knowledge

YEAR 10



Unit 2: Practical Performance in Sport: Badminton

Unit 1: External exam

Athletics
Softball
Cricket
Rounders



Laws, rules & regulations

Rugby
Badminton
Basketball/Netball
HRF

Tactics

YEAR 9

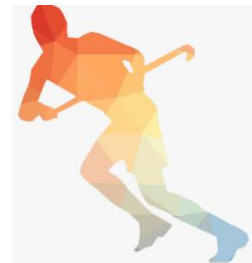
Baseline assessments



HRF
Volleyball
Hockey
Gymnastics/Dance

Football
Hockey
Trampolining
Volleyball

Football
Badminton
Netball / Basketball
Rugby

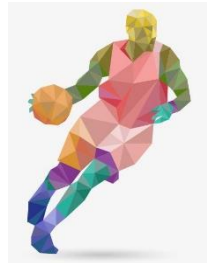


Source skills / positions

YEAR 8

Athletics
Softball
Cricket
Rounders

Sportshall Athletics
Rugby
Football
Netball / Basketball



Baseline assessments

Source skills

YEAR 7

KS2 into KS3: Baseline assessments



Hands (Skills)



Head (knowledge)

Badminton
Hockey
Dance
Gymnastics



Heart (Effort)

Athletics
Softball
Cricket
Rounders