

Wyvern academy: Personal Development Curriculum

	CHANGE Autumn 1 Health and Wellbeing	NEXT STEPS Autumn 2 Living in the Wider World - Careers	IDENTITY AND BOUNDARIES Spring 1 RSE	VALUES AND TRADITION Spring 2 Living in the Wider World - RE	BRITISH VALUES Summer 1 Citizenship	STAYING SAFE Summer 2 Health and Wellbeing
Year 7	<p>Transition & safety Understanding the fundamental concepts relating to personal development and safety including transition to secondary, personal safety and online safety</p> <ul style="list-style-type: none"> Healthy Lifestyle Survey (IT room needed) PASS <p>Change in relationships.</p> <ul style="list-style-type: none"> Transition into secondary school - Getting to know people - What make a good friend. Consent/romance/attraction Relationship Advice/safety <p>Change in pressures.</p> <ul style="list-style-type: none"> Self Esteem and What is Mental Wellbeing Body Image and social media Peer Pressure and Influence <p>Change in Bodies</p> <ul style="list-style-type: none"> Puberty (Yr7) Periods and Hygiene (Yr8) Factors effecting Hygiene. SUN Assessment Lesson (Consolidation and Assessment of unit) 	<p>Financial decision making Understanding the basic concepts of personal finance including how to open a bank account. Understanding of key terminology related to personal finance.</p> <ul style="list-style-type: none"> What is a job and why do I need one? What is money used for? Saving and managing your money <p>CAREERS Developing skills & aspirations Understanding of the basic skills and qualities required in the workplace and how these influence our aspirations.</p> <ul style="list-style-type: none"> How will I get there – Routes to employment? Skills and qualities Darlington – What can I do 	<ul style="list-style-type: none"> Personal Boundaries (Consent) Protecting boundaries Image Sharing – Online safety Personal Identity (Protected Characteristics) LGBTQ+ (Yr8) Gender Identity (Yr8) Protecting Identity (Challengin Homophobia) Yr8 Homophobia and transphobia school and society (Yr8) Respecting Boundaries Identities in the media (Gender Bias) SUN Assessment Lesson (Consolidation and Assessment of unit) 	<ul style="list-style-type: none"> Faith and Influence - How can faith influence a believer's life (Case Study: Davy Falcus) Christianity - How does a belief in the incarnation of Jesus influence a Christian today? Christianity and forgiveness Christianity case study Christianity: What did Jesus teach about caring for the poor? Easter and salvation (HT1 YR7) SUN Assessment Lesson (Consolidation and Assessment unit) 	<ul style="list-style-type: none"> What is Citizenship (Multicultural Britain) Why do we need rules? Who makes the rules (Democracy and Government) What is the difference between local and national democracy? What is an election? What is parliament and how does it work? What do people do in Government? What is the budget? Creating a political party SUN Assessment Lesson (Consolidation and Assessment unit) 	<p>Healthy Lifestyle choices Understanding of lifestyle choices which can determine how healthy your life is – drugs, smoking, diet, exercise and energy drinks.</p> <p>Personal Safety</p> <ul style="list-style-type: none"> Energy Drinks and Caffeine Alcohol Safety Smoking, E-Cigarettes and Vaping Legal and Illegal Drugs FGM (RSE Yr7) <p>Environmental Safety</p> <ul style="list-style-type: none"> Fire Safety (Yr8) Railway Safety (Yr8) Water Safety (Yr8) Crowd/Behavioural SUN Assessment Lesson (Consolidation and Assessment of unit)
Year 8	<p>PROTECTING MY BODY Autumn 1 Health and Wellbeing</p>	<p>PROTECTING BEHAVIOURS Autumn 2 RSE</p>	<p>AMBITIOUS AND INSPIRATION Spring 1 Living in the Wider World - Careers</p>	<p>VALUES AND BELIEFS Spring 2 Living in the Wider World – RE</p>	<p>TOLERANCE AND RESPECT Summer 1 Citizenship</p>	<p>PEER INFLUENCE Summer 2 Health and Wellbeing</p>
	<p>Emotional wellbeing & Safety Understanding of how body image issues can affect young people. Understanding mental health and emotional wellbeing including coping strategies.</p> <ul style="list-style-type: none"> Healthy Lifestyle Survey (IT room needed) Health and Wellbeing Healthy eating and Cholesterol Substance misuse and signs of addiction (Yr8 HT6) Peer pressure (substances) Effects of addictions (Physical, mental, jobs) Mental Health and Physical Health Stress Management (Yr11) Improving self esteem Social Media Influence SUN 	<p>Intimate relationships Understanding of relationships and sex education including consent, contraception, the risks of STIs and attitudes to pornography.</p> <ul style="list-style-type: none"> Conflict in relationships Assertive Consent Risks of Sexting Coming out Contraception Contraception and STI (Heterosexual and Homosexual) Grooming CSE SUN-SHINE Lesson (Consolidation and Assessment of unit) 	<p>Community and careers Understanding of the equality of opportunity in careers and life choices, and different types and patterns of work including employment, self-employment and voluntary work.</p> <ul style="list-style-type: none"> Planning your route Presenting yourself Online Persona Who influences you? Influencers Fake news SUN-SHINE Lesson (Consolidation and Assessment of unit) 	<p>Is there evidence for the existence of God?</p> <ul style="list-style-type: none"> What are the reasons for belief and non-belief? Creation and Scientific Theory What does it mean to be a Muslim in the UK today? Why is Prophet Muhammad important to Muslims today? The 5 pillars of Islam – Shahadah Salah Sawm – Including Eid ul Fitr. Zakah and the world of Islamic Relief – Link to Muslim Aid Hajj – Including Eid ul Adha. 	<p>CITIZENSHIP</p> <ul style="list-style-type: none"> What are human rights? What is a community? What are the barriers to a respectful community? What is discrimination? Causes of prejudice and discrimination. Religious views on prejudice and discrimination Challenging prejudice and discrimination Campaigning SUN-SHINE lesson (Consolidation and Assessment of unit) 	<p>Exploring influence Understanding and exploration of the influence and impact of drugs, gangs, role models and the media including the impact of substance abuse and how to seek help.</p> <ul style="list-style-type: none"> Pressure Cohesive control Avoiding Gangs County Lines CSE Weapons – Why carry one. Acid Attack and the Law Knife Crime and the law Do punishments work? – Prison/Rehabilitation SUN-SHINE lesson (Consolidation and Assessment of unit)
Year 9	<p>BODY AND MINE Autumn 1 Health and Wellbeing</p>	<p>RESPECT AND RELATIONSHIPS Autumn 2 RSE</p>	<p>OPTIONS/CAREERS Spring 1 Living in the Wider World - Careers</p>	<p>WORLD VALUES AND BELIEFS Spring 2 Living in the Wider World - RE</p>	<p>TOLERANCE AND RESPECT Summer 1 Citizenship</p>	<p>FAMILY LIFE Summer 2 RSE</p>
	<p>Body Confidence Understanding of the importance of understanding our bodies and how our self-perception can affect our mental wellbeing including the impact of the media, bullying and self-esteem and an understanding of how to monitor our bodies for signs of illness such as cancer.</p> <ul style="list-style-type: none"> Healthy Lifestyle Survey (IT room needed) Tattoos, cosmetic surgery and sunbeds Media and Airbrushing Eating disorders, Anorexia and Bulimia Obesity and how to prevent it. Positive role models Anxiety and Depression Grief Getting Support Self Help SUN 	<p>Respectful relationships Understanding of families and parenting, healthy relationships, conflict resolution and relationship changes including breakdown, separation and divorce.</p> <ul style="list-style-type: none"> Sexual consent and the Law Why have sex? Why may you delay sex? Pleasure and Masturbation Contraception – STI Bullying and Pressure Sexual abuse in relationships Domestic Abuse SUN-SHINE Lesson (Consolidation and Assessment of unit) 	<p>CAREERS Setting goals Understanding how to take control of your own future, set goals, make career decisions and where to turn for support and guidance including GCSE and post-16 options.</p> <ul style="list-style-type: none"> KS4 Options History/Geog MFL IT/Business Sport Art/Technology Food and Hospitality Performing Arts and Music Science Industry Grofar 	<ul style="list-style-type: none"> Different interpretations of Islam and Christianity Comparisons of similarities between the two faiths Major differences between the two faiths How are the two faiths portrayed in the media? How the two faiths react to different world issues such as war and conflict, abortion, marriage contraception 	<ul style="list-style-type: none"> What is law? What is criminal law? What is civil law? How do we punish individuals? Tent City – Case Study Should we punish like America? What is Rehabilitation? What is community service and probation? SUN-SHINE Lesson (Consolidation and Assessment of unit) 	<p>Families Understanding different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships.</p> <ul style="list-style-type: none"> Relationships Legal status of marriage Parenting Adoption/Foster care Dealing with conflict Grief and Loss Balancing family and work Gender roles in relationships Media portrayal of relationships SUN-SHINE Lesson (Consolidation and Assessment of unit)

Year 10	PROTECTING MY MIND Autumn 1 Health and Wellbeing	RELATIONSHIP WITH SOCIETY Autumn 2 RSE	SEXUAL ISSUES Spring 1 RSE/RE	PREP FOR THE WORKPLACE Spring 2 Living in the Wider World - Careers	INTERNATIONAL RELATIONS Summer 1 Citizenship	ISSUES AND DEBATES Summer 2 RE
	Mental health <ul style="list-style-type: none"> Healthy Lifestyle Survey (IT room needed) Worrying about the future (Anxiety) Negative thinking (Self Harm – causes and support) Suicide (thoughts and feelings) Positive mindset/Promoting emotional wellbeing. Happiness and Positivity Protected Characteristics Positive role models Being a role model SUN-SHINE Lesson (Consolidation and Assessment of unit) 	Addressing extremism and radicalisation Understanding of community cohesion and how we can challenge extremism and radicalisation. <ul style="list-style-type: none"> Proud to be British. Conspiracy Theories Extremism and terrorism The radicalisation Process. The law on extremism and terrorism Counter Terrorism 	<ul style="list-style-type: none"> Porn Lesson Revisiting contraception and STI Choices in pregnancy (Abortion, adoption, IVF) Moral and Ethics abortion Religious views in contraception Religious views on sex outside of marriage/FGM Campaigning against FGM Campaigning CSE Campaigning Aids Prejudice and discrimination SUN-SHINE Lesson (Consolidation and Assessment of unit) 	Experiences of the workplace Understanding why we need to prepare for the workplace and how we can make ourselves “work-ready”. <ul style="list-style-type: none"> CV and Application writing Law around child working Fair Pay Contracts and wages Preparing for interviews Presenting yourself Online persona 	CITIZINSHIP <ul style="list-style-type: none"> What is the democracy index? What are the United Nations? What is NATO? What is the Commonwealth? What is WTO? What is the European Union? How did BREXIT affect the UK? How does voting work across the World? Rights and responsibilities SUN-SHINE Lesson (Consolidation and Assessment of unit) 	RE <u>How do religious believers respond to environmental issues?</u> <ul style="list-style-type: none"> The value of the world Religion and the environment Religion and Life <ul style="list-style-type: none"> Animal Ethics Religious beliefs Death and the After Life <ul style="list-style-type: none"> Death and the after life Euthanasia – Christianity and Islam War and Conflict <ul style="list-style-type: none"> Types of war Religious beliefs on war Capital punishment] Religious beliefs on capital punishment SUN-SHINE Lesson (Consolidation and Assessment of unit)
Year 11	INDEPENDENCE Autumn 1 Living in the Wider World - Careers	KNOWING MY BODY Autumn 2 Health and Wellbeing	BECOMING A PARENT Spring 1 RSE/RE	PREP FOR THE WORKPLACE Spring 2 Health and Wellbeing	SUPPORTING YOURSELF Summer 1 Health and Wellbeing	
	Independence Understanding how to make sensible choices. <ul style="list-style-type: none"> My first wage slip Earn why you learn (Apprenticeships) Managing disposable income (Essential items and wants) Rent/Mortgage Loans/Debt Academic Debt (Uni- Low interest) Unexpected debt gambling, pay day loans/APR. Financial Scams Where to get help (Step change) Next steps – College CV Writing 	<ul style="list-style-type: none"> Skin checks – moles/cancer Testicular and prostate cancer Cervical, Breast and Ovarian Smear Test Cosmetic Surgery and Aesthetics – Botox/Lip Fillers Pressures = Weight loss and tanning Party Drugs/Drug use – Appearance, skin, teeth Protecting my body – Exercise, sleep, healthy eating SUN-SHINE Lesson (Consolidation and Assessment of unit) 	<ul style="list-style-type: none"> Marriage vs Cohabitation Religious views Changing views on LGBTQ+ - Sperm donations, surrogacy, IVF and IUI Adoption Planning for parenthood Types of families Giving birth: C sections, Epidural Returning to work after having a baby (Maternity pay) SUN-SHINE Lesson (Consolidation and Assessment of unit) 	<ul style="list-style-type: none"> General Revision tips (Balancing workload) Time Management Benefits of stress (Link to Sport) Revision – Maths Revision – English Revision – Science Importance of sleep 	<ul style="list-style-type: none"> Work life balance Meditation and relaxation Benefits of exercise Resilience Reflection of time at school Check out 	GCSE’S